## **ASHBURY ACTIVITY PROGRAMME 2024**

ACTIVITIES		MONDAY		TUE	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		DAY	
		11th November		12th November		13th November		14th November		15th November		16th November		17th November		ACTIVITIES
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	
1	Air Rifle				3.10-4.30		4.40-6.00				3.10-4.30				4.40-6.00	Air Rifle 1
Range 5	Air Pistol		4.40-6.00				3.10-4.30		4.40-6.00				3.10-4.30		3.10-4.30	Air Pistol 2
3	Archery		3.10-4.30		4.40-6.00				3.10-4.30		4.40-6.00		4.40-6.00			Archery 3
4	Hydro Spa	7.00am	7.00am-7.00pm 7.00am		-7.00pm	7.00am-7.00pm		7.00am-7.00pm		7.00am-7.00pm		7.00am-7.00pm		7.00am-7.00pm		Hydro Spa 4
5	Cycle Hire	Please check availabilty and cycle routes in our Pro shop.												Cycle Hire 5		
6	Coarse fishing available at Lakeside Fishery (Next to Ashbury) Please call 07900198113											Coarse Fishing 6				
	Therapy treatments	Please check availability and Bookings with the spa reception on 77880 from any internal phone														Therapy treatments
ASHBURY EVENING ACTIVITY FROM 9.00pm  Also Check Our Manor House Activity Programmer			Sports Quiz General Know		(nowledge	Music Quiz		Sport	s Quiz	General Knowledge		Music Quiz		Sports Quiz		ASHBURY EVENING ACTIVITY FROM 9.00pm