

# ASHBURY ACTIVITY PROGRAMME 2024

| ACTIVITIES                           |                | MONDAY   |    | TUESDAY           |           | WEDNESDAY      |    | THURSDAY       |    | FRIDAY            |    | SATURDAY       |           | SUNDAY         |           | ACTIVITIES                           |                  |
|--------------------------------------|----------------|--|----|-------------------|-----------|----------------|----|----------------|----|-------------------|----|----------------|-----------|----------------|-----------|--------------------------------------|------------------|
|                                      |                | 9th September  |    | 10th September    |           | 11th September |    | 12th September |    | 13th September    |    | 14th September |           | 15th September |           |                                      |                  |
|                                      |                | AM   | PM | AM                | PM        | AM             | PM | AM             | PM | AM                | PM | AM             | PM        | AM             | PM        |                                      |                  |
| Range                                | 1              | Air Rifle  |    |                   | 3.10-4.30 |                |    | 4.40-6.00      |    |                   |    |                |           |                | 4.40-6.00 |                                      | Air Rifle 1      |
|                                      | 2              | Air Pistol   |    | 4.00-6.00         |           |                |    | 3.10-4.30      |    | 4.40-6.00         |    |                | 3.10-4.30 |                | 3.10-4.30 |                                      | Air Pistol 2     |
|                                      | 3              | Archery  |    | 3.10-4.30         |           | 4.40-6.00      |    |                |    | 3.10-4.30         |    | 4.40-6.00      |           | 4.40-6.00      |           |                                      | Archery 3        |
| 4                                    | Hydro Spa      | 7.00am-7.00pm  |    | 7.00am-7.00pm     |           | 7.00am-7.00pm  |    | 7.00am-7.00pm  |    | 7.00am-7.00pm     |    | 7.00am-7.00pm  |           | 7.00am-7.00pm  |           |                                      | Hydro Spa 4      |
| 5                                    | Cycle Hire     | Please check availability and cycle routes in our Pro shop.                                    |    |                   |           |                |    |                |    |                   |    |                |           |                |           |                                      | Cycle Hire 5     |
| 6                                    | Coarse Fishing | Coarse fishing available at Lakeside Fishery (Next to Ashbury) Please call 07900198113         |    |                   |           |                |    |                |    |                   |    |                |           |                |           |                                      | Coarse Fishing 6 |
| Therapy treatments                   |                | Please check availability and Bookings with the spa reception on 77880 from any internal phone |    |                   |           |                |    |                |    |                   |    |                |           |                |           | Therapy treatments                   |                  |
| ASHBURY EVENING ACTIVITY FROM 9.00pm |                | Sports Quiz  |    | General Knowledge |           | Music Quiz     |    | Sports Quiz    |    | General Knowledge |    | Music Quiz     |           | Sports Quiz    |           | ASHBURY EVENING ACTIVITY FROM 9.00pm |                  |

Also Check Our Manor House Activity Programme