## **ASHBURY ACTIVITY PROGRAMME 2024**

ACTIVITIES		MONDAY		TUE	SDAY	WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
		16th September		17th September		18th September		19th September		20th September		21st September		22nd September		ACTIVITIES
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	
1	Air Rifle				3.10-4.30		4.40-6.00				3.10-4.30				4.40-6.00	Air Rifle 1
Range	Air Pistol		4.40-6.00				3.10-4.30		4.40-6.00			3	.10-4.30		3.10-4.30	Air Pistol 2
3	Archery		3.10-4.30		4.40-6.00				3.10-4.30		4.40-6.00	4	.40-6.00			Archery 3
4	Hydro Spa	7.00am	n-7.00pm	7.00am-7.00pm		7.00am-7.00pm		7.00am	7.00am-7.00pm		7.00am-7.00pm		7.00am-7.00pm		-7.00pm	Hydro Spa 4
5	Cycle Hire	Please check availabilty and cycle routes in our Pro shop.											Cycle Hire 5			
6	Coarse Fishing	Coarse fishing available at Lakeside Fishery (Next to Ashbury) Please call 07900198113								Coarse Fishing 6						
Therapy treatments		Please check availability and Bookings with the spa reception on 77880 from any internal phone														Therapy treatments
ASHBURY EVENING ACTIVITY FROM 9.00pm  Also Check Our Manor House Activity Prog		General I	General Knowledge Music Quiz		c Quiz	Sports Quiz		General Knowledge		Music Quiz		Sports Quiz		General Knowledge		ASHBURY EVENING ACTIVITY FROM 9.00pm