

# SAMPLE BREAKFAST MENU

*A Choice of one of the following:*

Sliced Melon, Grapefruit Segments, Prunes, Apricots

Natural and Fruit Yoghurts

Selection of Breakfast Cereals

Porridge (Seasonal)

Full English: Bacon, Sausages, Fried/Scrambled/Boiled Eggs  
Tomatoes, Baked Beans, Mushrooms and Sauté Potatoes

Toast with a Selection of Preserves

Croissants

Tea & Coffee – Choice of regular, decaf, fruit & specialty teas

Orange and Apple Juice

*Soya milk, lactose free milk, goats' milk and gluten free bread available.  
Gluten free pork sausages, vegan/vegetarian sausages available on request,  
please allow up to 15minutes*

**IF YOU HAVE ANY ALLERGIES, PLEASE CHECK WITH THE DINING ROOM SUPERVISOR  
OR THE DAILY ALLERGY LIST ON THE BUFFET.**

All food is subject to availability.

Adults need around 2000 K/Cal per day.

# SAMPLE LUNCH MENU

*A Choice of one of the following:*

Mushroom Soup Served with Bread Roll (V)

Minestrone Soup Served with Bread Roll (V)

A selection of Home Cooked Cold Meats and Salads

Beef Cottage Pie

Sweet & Sour Chicken

Roasted Cajun Vegetables (Vegan)

Vegetable Balti (Vegan)

Sausage Rolls

Battered Haddock

## **Served with**

Chips

Basmati Rice

Jacket Potatoes

Baked Beans

Mixed Vegetables

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## **Dessert Menu**

A choice of desserts is available from our chill cabinets.

Served with Whipped Cream or Ice Cream

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# SAMPLE EVENING MENU

*A Choice of one of the following:*

Broccoli & Stilton Soup Served with Bread Roll (V)

Tomato & Basil Soup Served with Bread Roll (V)

Garlic Bread (V)

Prawn Cocktail

Melon Medley (Vegan)

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Tender Braised Beef Steak with a Rich Peppercorn Sauce or Gravy

Roasted Chicken Breast with a Rich White wine & Mushroom Sauce or Gravy

A Selection of Home Cooked Cold Meats & Salads

Leek & Red Onion Tart (V)

Luxury Vegan Burger (Vegan)

## **Vegetables**

Roast or Sauté Potatoes

Braised Red Cabbage with Apple

Peas

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## **Children's Holiday Special**

Fish Goujons with Sweetcorn

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## **Dessert Menu**

Hot Apple Pie & Custard

Lemon Meringue Roulade

Chocolate Mousse

Fruit Salad

All can be served with Ice Cream or Clotted Cream

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## **Selection of Cheese & Biscuits**

If you do not require sauce or gravy on your main course,  
please ask the supervisor for assistance.

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